

Needville High School Breakfast Menu November 2008

Monday	Tuesday	Wednesday	Thursday	Friday
<p>School Breakfast Information Serving Time: 7:40am - 8:15am Price: \$1.50 paid, \$0.30 reduced*, free* (*if qualified)</p> <p>No advance registration necessary! All students are welcome every day!</p>				
3	4	5	6	7
Cinnamon Toast on Wheat Bread	Ham & Cheese Biscuit	Belgian Waffle w/Syrup	Cinnamon Roll w/Little Smokies	Sausage, Egg & Cheese Breakfast Pocket
10	11	12	13	14
Breakfast Pizza	Morning Sausage Roll	Belgian Waffle w/Syrup <i>RECIPE HANDOUT</i>	French Toast Sticks w/Little Smokies	Scrambled Eggs w/Sausage Patty
17	18	19	20	21
Pancakes w/Syrup	Breakfast Burger on a Wheat Bun	Belgian Waffle w/Syrup	Cheesy Egg Burrito w/Salsa	Glazed Donut w/Little Smokies


Thanksgiving
November 24th - 28th

**AVAILABLE DAILY: Assorted Whole Grain Cereal with Wheat Toast,
Sausage Biscuit, Chicken Biscuit, Chilled Fruit or Juice, and a Variety of Chilled Milk**

Good for Kids; Good for Parents!

For parents with busy morning schedules, it's sometimes difficult to ensure that kids are eating a healthy breakfast before they head off to school. Children often aren't ready to eat right after waking up, and it can be challenging to find nutritious breakfast foods they like. Some kids refuse breakfast at home and discover that they're hungry when they arrive at school. Needville ISD/Chartwells Child Nutrition Department provides a great option for parents.

As you may know, a great breakfast is offered for all students at school. Studies have proven that kids who eat breakfast achieve higher academic scores, are more alert in class, visit the school nurse less often, and are better behaved in school. If morning meals are difficult for your family, let Needville ISD & Chartwells help you out!

Source: www.fns.usda.gov

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