

Needville High School Lunch Menu November 2008

Origins

Origins includes Choice of Entrée,
Sides, Fruit & Choice of Milk

November 3 – 7

MON	Baked Popcorn Chicken w/Dinner Roll OR *Baked Rigatoni w/Cheese *Mixed Vegetables, *Chilled Applesauce
TUE	Cordy Blue, Jr. Sandwich on a Whole Wheat Bun OR Baked Corn Dog Baked Tater Tots, Carrot & Celery Sticks w/Low Fat Ranch
WED	Baked Lasagna OR Baked Chicken Parmesan Seasoned Corn, Chilled Peach Slices, Garlic Breadstick
THU	Crispy Beef Tacos w/Cheese Cup OR Spicy Chicken Sandwich on a Whole Wheat Bun Lettuce/Tomato Cup, Spanish Rice, Fresh Orange Slices
FRI	Turkey & Noodles w/Roll OR Hot Ham & Cheese on a Whole Wheat Bun Sweet Peas, Chilled Peach Cup

November 10 – 14

MON	Oven Breaded Chicken OR Baked Steak Fingers Brown Rice w/Gravy, Corn on the Cob, Blushing Pears, Dinner Roll
TUE	Turkey & Cheese Sandwich on Wheat OR *Taco Pie (NEW!) *Sweet Peas, *Dinner Roll, *Warm Baked Apple Slices
WED	Chili Cheese Frito Pie OR Hot Dog w/Chili & Cheese Cup Shredded Lettuce & Diced Tomato, Chilled Peach Slices, Homemade Cornbread
THU	Ham & Cheese Sandwich on Wheat OR *Sweet & Sour Popcorn Chicken *Brown Rice, *Mixed Vegetables, *Breadstick, *Fresh Orange
FRI	Hamburger on a Whole Wheat Bun OR Roasted Turkey w/Gravy & Dinner Roll Cornbread Dressing, Seasoned Green Beans, Baked Cherry Crisp

TRADITIONAL THANKSGIVING MEAL

November 17 – 21

MON	Beef & Bean Burrito w/Chili & Cheese OR Pepperoni Pizza Whole Kernel Corn, Rosy Applesauce
TUE	Turkey Pot Pie w/Dinner Roll OR BBQ Pork Riblet on a Whole Wheat Bun Tossed Salad w/Light Dressing, Fruited Gelatin
WED	Grilled Deli Melt OR *Oven Baked BBQ Chicken w/Dinner Roll *Cheesy Macaroni, *Seasoned Broccoli, *Fresh Apple
THU	Cheeseburger Casserole OR *Baked Chicken Nuggets *Baked Potato Wedges, *Peas & Carrots, *Apple Muffin Square, *Orange, *Dinner Roll
FRI	Baked Steak Patty w/Gravy & Dinner Roll OR Grilled Cheese Sandwich on Wheat Mashed Potatoes w/Gravy, Chilled Mandarin Oranges

THANKSGIVING HOLIDAY

November 24th – 28th



An asterisk(*) denotes components of Balanced Choices meals that meet strict nutrient parameters for calories, fat, saturated fat, cholesterol, fiber, sodium, and other key nutrients. All Balanced Choices meals include a choice of 1% white milk.

Traitoria

FEATURED DAILY Fresh Baked Cheese or Pepperoni Pizza

MONDAYS – Choice of Pizza
TUESDAYS – Pepperoni Hot Pocket
WEDNESDAYS – Pepperoni Hot Pocket
THURSDAYS – Mozzarella Sticks
w/ Marinara Sauce
FRIDAYS – Cheese Pizza Sticks
Daily Meal Deal Includes Choice of Pizza
Sides, Fruit, and Choice of Milk

THE FRESH GRILLE

FEATURED DAILY

*Hamburger, *Cheeseburger,
& *Chicken Burger

MONDAYS

Chicken Nuggets & *Deli Sandwich

TUESDAYS

Corn Dog & *BBQ on a Bun

WEDNESDAYS

Steak Fingers, *Deli Sandwich
& Hot Dog w/Chili & Cheese Cup

THURSDAYS

Corn Dog & *BBQ on a Bun

FRIDAYS

Chicken Nuggets & *Deli Sandwich

Includes Sandwich,
Choice of Vegetable & Fruit
and Choice of Milk

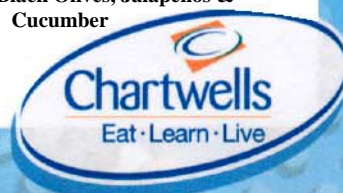
*Sandwich
Central*

FRESHLY MADE TO
ORDER SANDWICHES
FOR \$2.50

From a selection of:

HAM TURKEY
TUNA SALAD DICED CHICKEN
AMERICAN, MOZZARELLA,
OR SHREDDED CHEDDAR CHEESE

Your Choice of Toppings:
Crispy Lettuce, Sliced Red Tomatoes,
Dill Pickle, Black Olives, Jalapenos &
Cucumber



The School Lunch Program is operated in accordance with the U.S. Department of Agriculture policy, which does not permit discrimination because of race, color, sex, age, handicap, or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Food service provided by Chartwells School Dining Services.